



2023

CAPALABA BULLDOGS

MINIROOS PARENTS HANDBOOK





Contents

Welcome to the 2023 Miniroos season at Capalaba Football Club.....	2
Capalaba Football Club - Meet the Team.....	2
Club Values	3
Vision of the Club	0
Age Groups	1
Kick-Off Program.....	2
Miniroos (U6 to U12).....	3
Under 6.....	3
Under 7.....	4
Under 8.....	5
Under 9.....	6
Under 10.....	7
Under 11.....	8
Under 12.....	9
FQ Academy (Formerly SAP) (U9-U12).....	10
Kangaroo Teams (U9-U12).....	11
Clothing and Equipment.....	12
Game Fees.....	12
Wet Weather.....	12
Policy: Grading of Miniroos Players.....	13
Friend Request Form (FRF).....	15
Policy: Players Playing Outside Their Age Group	16
Policy: Code of Behaviour.....	17
Play by the Rules.....	17
Communication App	19





Welcome to the 2023 Miniroos season at Capalaba Football Club.

Welcome to the 2023 Miniroos season at Capalaba Football Club. We're excited to see so many new faces, and glad to see so many familiar ones too. Miniroos is the new Football Federation of Australia name for small-sided football programs across the country.

Miniroos is about fun, mastering skills and learning to love the game of football. Capalaba Football Club is passionate about our Miniroos and we aim to support and nurture these young players as the future of our club and the sport.

Capalaba Football Club - Meet the Team

FQ Academy

Technical Director:	Gary Bailey	td@capalababulldogs.com
Miniroos Director:	Luis Ruiz	mdoc@capalababulldogs.com
FQA Miniroos Chairperson:	Dianna Effeney	miniroomacademy@capalababulldogs.com
President:	Shaun McAney	president@capalababulldogs.com
Secretary:	Kim Miles	secretary@capalababulldogs.com
Treasurer:	Kerryn Prentice	treasurer@capalababulldogs.com
Miniroos Chairperson:	Sharon McAney	miniroos@capalababulldogs.com
Miniroos Coordinator:	Michael Naumann	
Capalaba FC Facebook page:		www.facebook.com/CapalabaFC
Capalaba FC Website:		www.capalababulldogs.com
Capalaba FC Online Shop:		www.capalababulldogs.com/shop

FQ Academy Coaches:

FQ Academy:		
U9	FQA Head Coach;	Kevin Barba
U10	FQA Head Coach;	Fernando Perez Rodriguez
U11	FQA Head Coach;	Kevin Sangster
U11G	FQA Head Coach;	Daniel Corbett
U12	FQA Head Coach;	Alvaro Gonzalez Carre





Club Values

The Values of this Organization - within the Club - will be evident at all times. The Department will work with Integrity and Honesty – sometimes harsh but always honest – always. This largely constitutes to providing a program that gives each player/employee the best chance to succeed through training and an increased ‘Standard of Performance.’ Each Player and Employee will be provided the chance to enhance ones performance, skill and knowledge base throughout the course of their association with the Football Club.

Producing Player/s/Coaches from within – ingrained with our Standard of Performance – will always benefit the Organisation than seeking Players/Staff from external sources.

However, we must also accept who we are and the level we represent, but we shall always reach for the stars or perfection through what we do and what we can provide. It’s about producing great players as well as great people. If a player does not/cannot make the transition from apprentice to professional then maybe he/she is a future coach, sports scientist or administrator? But he will always have a high Standard of Performance and be a good person.

The Philosophy must be incorporated into the Values and vice versa. Our community is a one of working class people with the appreciation for the simple aspects of life. Without the values of the club and myself I feel the psychological element of player development is overlooked. All players (9-16) are expected to shake the hand of each staff member upon arrival and when leaving. They are expected to have good manners – enforced by the staff – and well attired. There are many things the Football Club cannot provide but our players will be smart and courteous at all times.

Within our Technical/Tactical programme we shall implement a Team/Tactical concept but with a large percentage of individual/position specific based work. We are more likely to develop an Individual’ to play in our 1st Team not complete teams. Therefore, it’s sensible to acknowledge that individual based work must be implemented throughout the Coaching Programme and indeed the Organisation.

Ultimately the Youth Development programme will equip each player to adapt and have the knowledge for what the Coach is going to ask of them – including the social demands. Our job is to prepare them for the unexpected!

Key Messages;

The philosophy of Capalaba Bulldogs Football Club is that the team is the most important. The team is more important than any player (individuality)

The players have the obligation TO meet and defend the VISION of the CLUB



Vision of the Club

Realism? Each club wants to maximise the earning potential they have, as soon as they can! However, this is the Vision – both short and long for Capalaba Bulldogs FC Academy Phases (Short – long in numerical order);

1. ***Develop an Organisation that encourages a Standard of Performance throughout and improves year on year***
2. ***Develop a Player Pathway that maximises the Individuals needs and genetic/performance potential***
3. ***Produce a Player that plays in the 1st Team and wins – progresses the Club***
4. ***Produce a Player that plays in the 1st Team and furthers himself - compensates the Club***
5. ***Develop an Organisation that produces players that can remain at the Club in alternative capacities***
6. ***Produce good people that contribute within society***

The Club wants to establish them self as a club where by top young players will go to play 1st Team football. We can escape the clutter that bigger clubs can accumulate and attempt to 'fast track' our talented players into senior football early, therefore achieving our 'Vision'.

The President, Committee and Technical Director want to see us obtain, retain and produce our own players to implement the above. The Senior team had 'previously pulled away' from the Youth Department such has been their hardship and performances in the last 3 years. Therefore the challenge of the department is to regroup, further the programme and prepare players for the next level.



Age Groups

What age group can my child join in 2023?

If your child was born in:	They will be playing in:
2014 – 2018 (never played before)	Kick-Off
2017-18 (completed Kick-Off program or have played before)	Miniroos U6s and 7s
2016 (completed Kick-Off program or have played before)	Miniroos U6s and 7s
2015	Miniroos U8s
2014	Miniroos U9s
2013	Miniroos U10s
2012	Miniroos U11s
2011	Miniroos U12s

Miniroos Team Levels

Below is a snapshot of the different levels of Football Queensland gradings. These may be based on ability, selection, experience or preference.

Team Level	Summary	Training Commitment
FQ Academy (SAP) U9 – U12s Male U11s - Female	Players are required to undertake a trial and selection process. This is the highest level of football in Australia for Miniroos. Performance-based teams, position specific training Accredited Coach supported by FQ Academy TD	2 Nights per week compulsory
Kangaroo's (Foundation Age, formerly BDS) U9s – U12s	Players are required to undertake a trial and selection process. BDS is aimed at players aspiring to develop their skills for future FQA progression. Mixed Performance-based teams Coach supported by FQ Academy TD	2 Nights Per week
Wallabies U9 – U12a	Mixed development-based teams Volunteer/parent coach supported by club representative	1 Nights Per week
Quokka's U9 – U12s	Mixed development-based teams Volunteer/parent coach supported by club representative	1 Nights Per week



Kick-Off Program

Capalaba Football Club will be running Kick Off (players aged between 4-9 years) as an opportunity to introduce our youngest players and their parents to the game of Football. The Program is run during and in line with the school terms.

MiniRoos Kick-Off in a nutshell

A fun, safe sport taught in a friendly environment for children aged between 4 and 9.

Weekly 60-minute sessions that build skills through games and simple drills delivered in an engaging and inclusive environment.

Every player gets plenty of time on the ball and the prime aim of each session is for children to build fundamental motor skills.

Each child receives an MiniRoos Participant Pack when they register which includes the following;

- Bag
- Ball
- Stickers
- Activity Book

Benefits of signing your child up for our Kick-Off program?

- Make new friends and develop social skills.
- Develop values of teamwork, co-operation, fair play, and respect for others.
- Develop a child's ability to make quick decisions and improve reaction time.
- Keep healthy by getting active.

Capalaba FC has a long history of running our introductory football programs and in 2023 it continues.

Our Kick-Off program runs in 8-week terms over the season.

- Saturday 9AM – 10AM Beginners & Returning (4-9years of age, or new to the sport)

Please visit <https://www.capalababulldogs.com/kick-off-kindy-under-4-under-9>



Miniroos (U6 to U12)

Under 6

Our U6 competition is an in-house competition played at Capalaba Football Club.

Training:

- train one night per week, for one hour on Wednesdays.
- train together as an age group under an experienced coach, with a parent helper from each team assisting. Full training and support is available for parents interested in assisting with their child's U6 team.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Training will start the week **28th February 2023**

Games:

- play Saturday mornings at Capalaba Football Club.
- Games are 15 minutes each way in summer, 20 minutes each way in winter, with each team fielding four players, no goalkeeper.
- A schedule of games will be provided to your team co-ordinator as soon as it is available after Muster Day.
- Games start on Saturday **11th March 2023**
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.



Under 7

- Our U7 competition is an in-house competition played at Capalaba Football Club.

Training:

- train one night per week, for one hour, on Wednesdays
- train together as an age group under an experienced coach, with a parent helper from each team assisting. Full training and support is available for parents interested in assisting with their child's U7 team.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Training will start on Wednesday **28th February 2023**

Games:

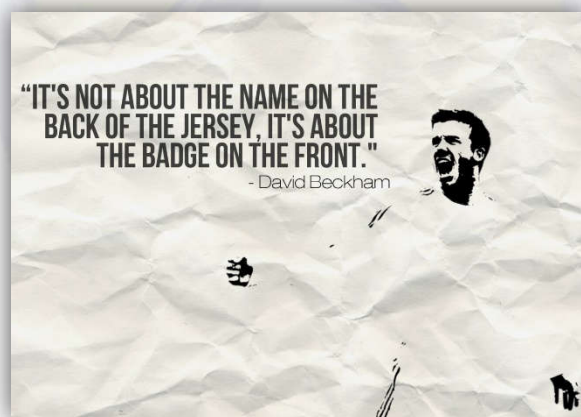
- play Saturday mornings at Capalaba Football Club.
- Games are 15 minutes each way in summer, 20 minutes each way in winter, with each team fielding four players, no goalkeeper.
- A schedule of games will be provided to your team co-ordinator as soon as it is available after Muster Day.
- Games start on Saturday **11th March 2023**
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.



Under 8

Training

- U8 teams are ungraded and train one night per week, for one hour, on Wednesdays
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Training will start Wednesday **28th February 2023**
- Talent ID for U8's, during Term 2. We will be identifying talented players and gauging interest for an additional training session on an agreed night. All identified and interested players will be invited to some additional group sessions during Term 2. During these sessions, players will again be identified and progressed into a separate team in the U9 format. A separate training session will then be put on during the same time slot throughout Term 3. This team and these players will look at forming the core group of players for our U9 FQ Academy team the following season.



Games:

- U8 teams play Saturday mornings at various clubs within our local hub (Bayside, Capalaba, Mooroondu, Redlands, Sheldon College, Wynnum).
- Games are 20 minutes each way with each team fielding seven players, including a goalkeeper.
- A schedule of games will be provided to your team manager as soon as it is available from Football Queensland. This may occur at short notice.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.

Under 9

Training

- All coaches will be supported by their FQ Academy (SAP) age group coach and the Miniroos FQA Director. They will be able to help you run drills and plan sessions and will be a point of contact for any footballing queries or issues you may have.
- U9 teams are graded. Wallabies and Quokka teams train one night per week, for one hour. Days to be determined after Muster Day.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Team training will start from the **28th February 2023**

Games:

- U9 teams play Saturday mornings at various clubs within our local hub (Bayside, Capalaba, Mooroondu, Redlands, Sheldon College, Wynnum).
- Games are 20 minutes each way with each team fielding seven players, including a goalkeeper.
- A schedule of games will be provided to your team manager as soon as it is available from Football Queensland. This may occur at short notice.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.





Under 10

Training

- All coaches will be supported by their FQ Academy (SAP) age group coach and the Miniroos FQA Director. They will be able to help you run drills, plan sessions, and will be a point of contact for any footballing queries or issues you may have.
- U10 teams are graded. Wallabies and Quokka teams train one night per week, for one hour. Days to be determined after Muster Day.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Team training will start from the **28th February 2023**



Games:

- U10 teams play Saturday mornings at various clubs within our local hub (Bayside, Capalaba, Mooroondu, Redlands, Sheldon College, Wynnum).
- Games are 25 minutes each way with each team fielding nine players, including a goalkeeper.
- A schedule of games will be provided to your team manager as soon as it is available from Football Queensland. This may occur at short notice.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.

Under 11

Training

- All coaches will be supported by their FQ Academy (SAP) age group coach and the Miniroos FQA Director. They will be able to help you run drills, plan sessions, and will be a point of contact for any footballing queries or issues you may have.
- U11 teams are graded. Wallabies and Quokka teams train one night per week, for one hour. Days to be determined after Muster Day.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Team training will start from the **28th February 2023**

Games:

- U11 teams play Saturday mornings at various clubs within our local hub (Bayside, Capalaba, Mooroondu, Redlands, Sheldon College, Wynnum).
- Games are 25 minutes each way with each team fielding nine players, including a goalkeeper.
- A schedule of games will be provided to your team manager as soon as it is available from Football Queensland. This may occur at short notice.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.



Under 12

Training

- All coaches will be supported by their FQ Academy (SAP) age group coach and the Miniroos FQA Director. They will be able to help you run drills, plan sessions, and will be a point of contact for any footballing queries or issues you may have.
- U12 teams are graded. Wallabies and Quokka teams train one night per week, for one hour. Days to be determined after Muster Day.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Team training will start from the **28th February 2023**

Games:

- U12 teams play Saturday mornings at various clubs within our local hub (Bayside, Capalaba, Mooroondu, Redlands, Sheldon College, Wynnum).
- Games are 25 minutes each way with each team fielding nine players, including a goalkeeper.
- A schedule of games will be provided to your team manager as soon as it is available from Football Queensland. This may occur at short notice.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.



FQ Academy (Formerly SAP) (U9-U12)

Training

- FQA teams training days are advised after trials upon selection.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.

Games:

- FQA teams play Saturday and/or Sunday mornings at various clubs within their hub
- A schedule of games will be provided to your team manager as soon as it is available from Football Queensland. This may occur at short notice.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.





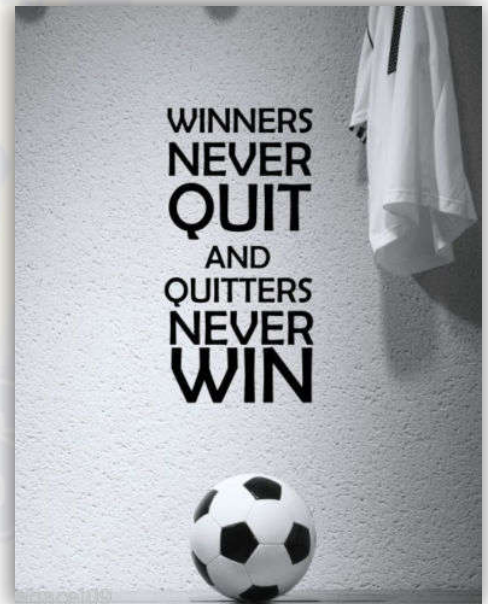
Kangaroo Teams (U9-U12)

Training

- All coaches will be supported by their FQ Academy (SAP) age group coach and the Miniroos FQA Director. They will be able to help you run drills, plan sessions, and will be a point of contact for any footballing queries or issues you may have.
- Kangaroo teams train two nights per week, for one hour. Days to be determined after Muster Day
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Insect repellent is essential for training nights and should be reapplied as necessary.
- All players are expected to attend training every week unless unwell.
- Parents are required to attend training with their children to observe and assist the coach to manage player behaviour.
- Additional technique-based training sessions will be held on Fridays from 5-6pm (9s/10s) and 6-7pm (11s/12s). These sessions are compulsory for all FQA players and are included in the fees. They are optional for all Kangaroo/Wallabies/Quokka's players and are not included in the fees, however they will be offered at a discounted rate for Capalaba FC members/players.

Games:

- Kangaroo teams play Saturday mornings at various clubs within their hub (may be Brisbane-wide)
- A schedule of games will be provided to your team manager as soon as it is available from Football Queensland. This may occur at short notice.
- For player safety all players must wear football boots, shin pads and bring a water bottle. Without these players will be unable to participate.
- Sunscreen is essential for games and should be reapplied as necessary.
- Gameday shirts are provided by the club. Shorts and socks need to be purchased from the club online shop.





Clothing and Equipment

All Miniros players will be required to purchase the following:

- Football boots (Molded plastic tags NOT screw in or metal tags)
- Shin pads (Slip-in shin pads are recommended for comfort for younger players)
- Club socks - Available to purchase from the Club Shop (Kennel) or online shop
- Club shorts - Available to purchase from the Club Shop (Kennel) or online shop

A football of the appropriate size for practice at home, and to bring to training night

U6	Size 3	U10	Size 4
U7	Size 3	U11	Size 4
U8	Size 3	U12	Size 4
U9	Size 3		

Playing strips are supplied by the club and it is the responsibility of the Coach to ensure they are returned, laundered and in good condition, at the end of the season, along with training equipment. Strips are not to be handed out. They **MUST** remain together in the strip bag.

Game Fees

Game fees are included in the season's fees for 2023. Please visit for further information:

www.capalababulldogs.com/miniros-football-u6-u12

Wet Weather

U6/7

In the event of wet weather affecting Miniros training or games the club's Facebook page will be updated with a current Field Status as a priority.

If the fields are closed, games and training are cancelled.

U8 - U12

Training and home matches

In the event of wet weather affecting Miniros training or games the club's Facebook page will be updated with a current Field Status as a priority..

If the fields are closed, games and training are cancelled.

Please remember your team manager is your first point of contact for enquiries.





Away matches

Please check the Football Queensland website www.footballQueensland.com.au

(Competitions/Wet Weather/Junior Grounds) for all ground closures.

Team managers will be notified if we receive information directly from the home club.

Please remember your manager is your first point of contact for enquiries.

The club's Facebook page will be updated with a current Field Status as a priority when wet weather affects Miniros training and/or home games.

Policy: Grading of Miniros Players

Purpose

The purpose of this policy is to ensure all players, parents and coaches understand the process of grading as it applies to Miniros (Small Sided Football, U6 to U12) players at Capalaba Football Club Inc.

Scope

This policy applies to all Miniros players of the Capalaba Football Club Inc.

Definitions

The Club – Refers to the Capalaba Football Club.

SSF – Refers to Small Sided Football, aka Miniros, which includes all players in U6 to U12 age groups. Used interchangeably with Miniros.

Miniros – see SSF

U6 – Players are eligible to play in Under 6 in the calendar year they turn 6.

U7 – Players are eligible to play in Under 7 in the calendar year they turn 7.

U8 – Players are eligible to play in Under 8 in the calendar year they turn 8.

U9 – Players are eligible to play in Under 9 in the calendar year they turn 9.

U10 – Players are eligible to play in Under 10 in the calendar year they turn 10.

U11 – Players are eligible to play in Under 11 in the calendar year they turn 11.

U12 – Players are eligible to play in Under 12 in the calendar year they turn 12.

FQ – Football Queensland

FQA – Football Queensland Academy (Formerly SAP)

FFA – Football Federation of Australia



Policy

Players in U6-U8 age groups will not be graded.

Players in U6-U8 who wish to play together in a team may request to be allocated to the same team and every effort will be made to accommodate friendship groups in this situation. However the Club makes no guarantee this can be achieved, as the needs of all players must be considered.

SSF Players at the Club in U9-U10 will be offered grading as per the FFA/FQ competition levels.

- **FQ Academy Teams** include players who have above average skills and matches are played with more speed, skill and tactics. *Grading required for this level.*
- **Kangaroo** (BDS) teams include players who have above average skills. Matches are usually played with more speed, skill and tactics. *Grading required for this level.*
- **Wallabies** teams include players of average skills, who have played the sport previously and as such know the rules and how to play as a team, while engaging in matches with minimal instruction from their coach. If the Club has more than one team within this group, the teams should be of equal standard where possible. *Grading required for this level.*
- **Quokka** teams will involve players who are new to SSF or have basic skills of the game and as such require assistance and time to develop their skills and teamwork. If the Club has more than one team within this group, the teams should be of equal standard where possible. *No grading required.*

Players are not required to participate in gradings. however, in the best interest of the player, only players who have been successfully graded by the club will be eligible to play for Wallabies level or above.

Players who wish to stay together in a team without grading may elect to be allocated to the Quokka's level, and every effort will be made to accommodate friendship groups in this situation. However, the Club makes no guarantee that this can be achieved, as the needs of all players must be considered.

The Technical Director and the Director of Coaching, with the support of the FQA Coaching staff, and/or their nominated delegate/s will perform gradings. All assessors will present a written grading report to the Miniroos Chairperson after the grading is completed. Parents will be notified in writing of the grading outcome. Any player may elect to play at or below the level at which he or she is graded.

Any player who is unfinancial at the time of grading will not receive the results of grading, nor will they be allocated to a team, until fees are paid in full, or payment plan has been established with the club.

It is up to parents to ensure fees are paid so players are





eligible to receive the results of their grading and are available to be allocated to a team. If teams are full before players become financial, unfinancial players may miss out on a position in a team of the preferred grading.

The coach of any team performing at a level well above or well below the average for the competition into which they were graded may apply to the Club to be regraded. The Club can regrade and change competition allocations for teams at multiple times throughout the year, if necessary.

Friend Request Form (FRF)

We understand playing with your friends is what makes team sport enjoyable. Therefore, we have created a Friend Request Form (FRF). In general, we attempt to fulfil FRF for all players who are registered and paid by the advertised deadline.

Please ensure:

- You have spoken to the parents of players in FRF forms to ensure both players have listed each other
- You understand to be able to fulfil your FRF we may need to move a/the players out of his or her existing team into a new team. We do not move players not listed in a FRF out of their existing teams to accommodate other players' FRFs.
- Under 6/7 age group your competition is ungraded therefore we usually have a much higher success rate.

To download the form please visit: www.capalababulldogs.com/miniroos-football-u6-u12





Policy: Players Playing Outside Their Age Group

Purpose

The purpose of this policy is to ensure all players, parents and coaches understand in what circumstances a Miniroos player might be permitted to play outside his or her chronological age group. The policy is designed to protect the best interests of all SSF Players at Capalaba Football Club Inc.

Scope

This policy applies to all Miniroos players of the Capalaba Football Club Inc.

Definitions

The Club – refers to the Capalaba Football Club.

SSF – refers to Small Sided Football, aka Miniroos, which includes all players in U6 to U12 age groups. Used interchangeably with Miniroos.

Miniroos – see SSF

U6 – Players are eligible to play in Under 6 in the calendar year they turn 6.

U7 – Players are eligible to play in Under 7 in the calendar year they turn 7.

U8 – Players are eligible to play in Under 8 in the calendar year they turn 8.

U9 – Players are eligible to play in Under 9 in the calendar year they turn 9.

U10 – Players are eligible to play in Under 10 in the calendar year they turn 10.

U11 – Players are eligible to play in Under 11 in the calendar year they turn 11.

U12 – Players are eligible to play in Under 12 in the calendar year they turn 12.

FFA – Football Federation of Australia

Policy

The Club will adhere to FFA Guidelines which state SSF Players should play in their own age group, based on calendar year of birth. SSF Players may never play below their own age group.

There are very limited circumstances in which SSF Players may be allowed to play above their own age group.

Exceptions allowing SSF Players to play above their own age group will only be considered based on football ability, but SSF Players playing above their own age group must also demonstrate the maturity and the social skills to successfully play and train with older players, without disadvantaging those players.



Whilst the Club acknowledges it may be more convenient for parents to have multiple children in the same team, this will not be considered when deciding whether to grant an exception allowing the SSF Player to play above their own age group.

Requests for exceptions must come from a SSF Coach at the Club. To apply for an exception, the coach must identify the player with a brief, written appraisal, forwarded to the Club's Technical Director. Requests from parents will not be considered.

After receiving the request for an exception, the Technical Director will organise for the appropriate person to assess the player and decide whether the exception will be granted. The Technical Director will advise the committee in writing of his/her decision, after which the coach and parents will also receive notification in writing.

Policy: Code of Behaviour

Capalaba Football Club has adopted the "Play by the Rules" Code of Behaviour. Any transgressions will be dealt with firmly by the club with sanctions varying from a temporary removal from the game ("time-out") to an extended suspension of rights as a player and/or spectator.

No violence, in any shape or form, will be tolerated. Abuse of SSF Referees will not be tolerated. If you witness, or are faced with, any behaviour you feel contravenes this code of conduct, please bring it to the attention of a ground official immediately. Do not attempt to deal with it on your own.

Play by the Rules

This Code of Behaviour aims to set out the minimum standards for anyone involved in sport. It should apply when playing, training, or taking part in club-sanctioned activities.

- Act within the rules and spirit of your sport.
- Promote fair play over winning at any cost.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Support opportunities for participation in all aspects of the sport.
- Treat each person as an individual.
- Show respect and courtesy to all involved with the sport.
- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality, or religion.
- Respect the decisions of officials, coaches, and administrators.
- Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18.
- Display appropriate and responsible Behaviour in all interactions.
- Display responsible Behaviour in relation to alcohol and other drugs.
- Act with integrity and objectivity and accept responsibility for your decisions and actions.
- Ensure your decisions and actions contribute to a safe environment.
- Ensure your decisions and actions contribute to a harassment-free environment.
- Do not tolerate abusive, bullying, or threatening behaviour.



Players

- Give your best at all times.
- Participate for your own enjoyment and benefit.
- Play by the rules and show respect for other players, coaches, and officials.

Coaches

- Place the safety and welfare of the players above all else.
- Help each person (player, referee, official, etc.) to reach their potential. Respect the talent, developmental stage and goals of each person and encourage them with positive and constructive feedback.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young players.
- Ensure any physical contact with another person is appropriate to the situation and necessary for the person's skill development.

Officials

- Place the safety and welfare of the players above all else.
- Ensure all players are included and can participate, regardless of their race, gender, ability, cultural background, sexuality or religion.
- Be consistent, impartial and objective when making decisions.
- Address unsporting behaviour and promote respect for other players and officials.

Administrators

- Ensure quality supervision and instruction for players.
- Support coaches and officials to improve their skills and competencies.
- Act honestly, in good faith and in the best interests of the sport as a whole.
- Ensure any information acquired or advantage gained from the position is not used improperly.
- Conduct club responsibilities with due care, competence, and diligence.

Parents

- Encourage your child to participate, do their best and have fun.
- Focus on your child's effort and performance, rather than winning or losing.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Help out the coach or officials at training and games, where possible.
- Model appropriate behaviour, including respect for other players and officials.

Spectators

- Respect the effort and performances of players and officials.
- Reject the use of harassment, bullying or violence in any form, whether by other spectators, coaches, officials or players.



Communication App

- In 2023, Capalaba FC will be using the SPOND App. This can be downloaded for free on your mobile device as well as your PC. We recommend that each team utilize this great communication tool.
- It's advised that Coaches & Managers make themselves the administrators for the team. From your team list, invite all your players importing from excel or manually.
- Administrators can create training and game events, recurring
- Set your guidelines to be notified on the day.
- Even if injured or sick, players can respond

